



2019 NORWALK YACHT CLUB SATURDAY RACES
Including the NORWALK ISLANDS SAILING FLEET
ORGANIZING AUTHORITY – NORWALK YACHT CLUB

SAILING INSTRUCTIONS

RACES COVERED BY THESE SAILING INSTRUCTIONS

May 25	King Cup- <i>Run by Minuteman Yacht Club</i>
Jun 15	Chanteyman Cup
July 13	Greens Ledge Trophy
July 27	Yellow Rock Trophy Requires woman skipper (helmsman)
August 24	Full moon Evening Race <i>Run by Saugatuck Yacht Club</i>
Sept. 7	NISF Cup
Sept. 28	Partners Cup

1. RULES

The races will be governed by the rules as defined in:

- 1.1 The Racing Rules of Sailing (RRS), including the current Performance Handicap Racing Fleet Regulations (PHRF) as administered by the Yacht Racing Association of Long Island Sound (www.yralis.org), as modified in these Sailing Instructions.
- 1.2 The Category C Minimum Equipment Recommendations of the YRALIS.
- 1.3 Racing rules 35, 44.2, 62.1(a), 29.1, and 61.3 will be changed as stated in these Sailing Instructions.

2. NOTICES TO COMPETITORS & CHANGES TO SAILING INSTRUCTIONS

Notices to competitors and changes to the Sailing Instructions or scratch sheets will be posted on the official notice board at Norwalk Yacht Club and at <http://www.yachtscoring.com> at least 24 hours before taking effect, or from the race committee signal boat by displaying international code flag **L** and orally communicating the change by broadcasting on VHF channel 5A in the 10 minutes prior to the first warning signal on the day they take effect.

3. SIGNALS MADE ASHORE

Signals made ashore will be made at the flagpole at Norwalk Yacht Club not later than 1100 on race days. Any signals made ashore shall also be broadcast on VHF channel 5A at 1100 and again at 1130. When flag AP is signaled ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP.

4. SCHEDULE OF RACES

The Schedule of Races is attached as **Addendum A**. One race for each class or combined classes is scheduled for each date. The scheduled time of the first warning signal is 1200, except for the Evening Race on August 24, as more fully described in **Addendum B**.

5. CLASSES & CLASS FLAGS

Classes will be designated in the scratch sheet, which will be available at www.yachtscoring.com, and also at Norwalk Yacht Club and from the race committee signal boat on race days, prior to racing.

Class flags will be the international code flag numeral pennants corresponding to the class designation in the scratch sheet, as shown in the table below:

Class 1: Spinnaker	Numeral pennant 1
Class 2: Non-Spinnaker	Numeral pennant 2

6. RACING AREA

Racing will be South of Rowayton and Norwalk, Connecticut with the start and finish lines either in the vicinity of Greens Ledge Light, or in the vicinity of Government mark "R 26", as indicated in **Addendum A.**

7. COURSES & MARKS

The list of Government marks eligible to serve as marks of the course is given in **Addendum C,** which also gives approximate chart coordinates for each mark.

7.1 **Addendum D** gives approximate compass directions and distances between each pair of marks listed in Addendum C.

7.2 The Race Committee may elect to set an orange or yellow inflatable turning mark (Mark X) as the first mark of the chosen course. The race committee signal boat will announce the approximate range and compass bearing of Mark X (if employed) or to the first Government mark by broadcasting on VHF channel 5A no later than the warning signal.

7.3 The race committee signal boat will designate the class with class placards followed by the applicable course signal placards, reading from top to bottom. When only one course is displayed, that is the course for all classes.

7.4 All course marks will be left to port, unless the signal boat displays a green shape with the course signal/s, in which case all course marks will be left to starboard.

7.5 The race committee signal boat will make a series of short sounds to draw attention to any changes to the course board approximately one minute before the first warning signal.

7.6 The number "2" displayed after the course letters means the course shall be sailed twice around.

8. COURSE RESTRICTIONS AND AREAS THAT ARE OBSTRUCTIONS

The following areas are designated as obstructions:

While racing, boats shall not cross a line segment:

8.1 between RN"28" and R"2A" (provided that RN "28" is not designated as a turning mark – see below);

8.2 between R"2A" and the abandoned lighthouse at the western end of Sheffield Island;

8.3 between RN"28" and the abandoned lighthouse at the western end of Sheffield Island;

8.4 extending true north of R"30" at Smiths Reef.

9. THE START

9.1 Prior to the first warning signal, each boat shall pass by the stern of the Race Committee signal boat to check in by stating their boat name and sail number. **Check in by VHF radio will not be accepted.**

9.2 Start sequence will follow the five-minute sequence laid out in RRS 26.

9.3 Warning signals for succeeding classes will be made with or after the starting signal of the preceding class.

9.4 The order of starts will be by ascending class number (e.g. I, II, III) unless otherwise announced.

9.5 Class starts may be signaled at five-minute intervals by displaying a class flag at the start of the preceding class, in which case the start of the preceding class shall be the warning for the next class.

9.6 At the discretion of the race committee, class starts may be combined. The race committee will signal this type of start by displaying the numeral pennants of all classes sharing the start as the warning signal.

9.7 The starting line for all classes will be between a staff displaying an orange flag on the race committee signal boat and the mark defining the other end of the starting line.

9.8 Boats whose class warning signal has not been made shall keep clear of the starting area during the starting sequence for other classes.

9.9 A boat that starts later than 20 minutes after her starting signal will be scored DNS.

10. RECALL

The race committee will attempt to identify recalled boats and to broadcast their sail numbers on the race course VHF channel. Failure of a boat to see or hear her recall notification, and the timing and order of such hail, shall not be cause for redress. This modifies RRS 62.1

11. CHANGE OF COURSE BETWEEN STARTS

If the race committee changes the first mark following a postponement during a starting sequence, code flag C will be displayed with short repeated sounds prior to the warning signal.

12. THE FINISH

12.1 The finish line for all courses will be between a staff displaying an orange flag on an official boat and the finish mark.

12.2 If a course is shortened, the finish line will be between an official boat displaying Code Flag S and a rounding mark. The race committee will make multiple sound signals to indicate shortened course and the committee will broadcast on the race course VHF channel that the course has been shortened.

12.3 The finish line shall be crossed in the direction from the last mark rounded.

13. TIME LIMIT

13.1 The time limit for each class shall be 3 hours from the class start time.

13.2 If no boat in a class finishes within the time limit, the race for that class will be abandoned.

13.3 Boats failing to finish within 40 minutes after the first class finisher will be scored "Did Not Finish" (DNF) without a hearing. This changes RRS 35.

14. WITHDRAWAL

Any boat withdrawing before the start or retiring during a race shall notify the RC at the earliest possible opportunity on the race course VHF channel.

15. PROTESTS AND REQUESTS FOR REDRESS

15.1 To initiate a protest, the protesting yacht must notify the protested yacht by hailing "Protest!" A RED protest flag must be flown from the protesting yacht's backstay immediately after the infringement, and carried until after the finish line has been crossed.

15.2 Immediately after finishing, a protesting yacht shall contact the Race Committee on the race course VHF channel to provide its sail number as well as the sail number of the yacht being protested. Written Protests must be filed as in 15.4 below.

15.3 Immediately after finishing, a boat that accepted a One-Turn Penalty shall contact the Race Committee on the race course VHF channel to provide its sail number as well as the sail number of the protesting yacht. This changes RRS 44.2.

15.4 Protests and Requests for Redress shall be filed on standard US SAILING protest forms, available for download on the USSAILING website. Completed forms shall be delivered or emailed to the Chairman, Regatta Committee, at Norwalk Yacht Club within 48 hours after the finish of the race. This modifies RRS 61.3

15.5 Protest Hearings shall be scheduled at Norwalk Yacht Club as quickly as practicable, at dates/times advised to the protesting and protested skippers.

16. SCORING

16.1 Each class will be scored using current PHRF handicaps provided by YRALIS. "Spinnaker W/L Ratings" will be used for Spinnaker classes and "Non Spinnaker W/L Ratings" will be used for Non-Spinnaker classes.

16.2 Scoring will be done using Time-on-Distance computation. The distance of each race shall be determined by the Race Committee, and will not be grounds for redress.

17. RADIO COMMUNICATION

17.1 The Race Committee will normally use VHF channel 5A to communicate with competitors.

17.2 Except in an emergency, while racing, a boat shall neither make nor receive radio transmissions not available to all boats. This restriction also applies to mobile phones.

18. ADDITIONAL SPECIAL INSTRUCTIONS FOR THE FULL MOON EVENING RACE

For the Full Moon Evening Race on August 24, special instructions will be in effect. These instructions are attached as **Addendum C**.

19. RESPONSIBILITY FOR SAFETY

Competitors participate in the regatta entirely at their own risk. The Organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. As a condition of the participation of any boat in any race or related activity sponsored or undertaken by the Norwalk Yacht Club, the owner, helmsman and each crew member agree that the safety of the boat and the crew and the decision whether or not to start or continue to race is solely their responsibility. See RRS Fundamental Rule 4, Decision to Race. Each of them waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Norwalk Yacht Club and the YRA of LIS and each of their officers, trustees, members, committees, employees or agents, arising out of or in any way connected with participation in such race or activity.

Responsibility for evaluating wind, sea and weather conditions rests with each competitor, as does the responsibility for the safe condition and operation of their boat, including safety equipment and rigging, and for wearing a life jacket. Assistance from the race committee, patrol boats, or other support boats and from personnel manning them is at the risk of the participant.

20. FURTHER INFORMATION

Please contact:

Sailing Director, Norwalk Yacht Club, 10 Nathan Hale Rd, Wilson Point,
South Norwalk, CT, 06854

Phone 203 866-0941, VHF Channel 78A

Wes Oliver

Regatta Chair regatta@norwalkyachtclub

April 4, 2019

ADDENDUM A
2019 SCHEDULE OF RACES

Date	Race	Start Area	Party
May 25	King Cup	R26	Minuteman YC
Jun 15	Chanteyman Cup	GL	Norwalk YC
July 13	Greens Ledge Trophy	GL	Norwalk YC
July 27	Yellow Rock Trophy	GL	Norwalk YC
August 24	Full moon Evening Race	R26	None
Sept. 7	NISF Cup	GL or R26 TBD	TBD
Sept. 28	Partners Cup	R26	Partners Cafe

* **First Warning Signal for all races except the Full Moon Evening Race on August 24 is 12:00.**
* **See Addendum C for timing of the Full Moon Evening Race.** *

ADDENDUM B

SUPPLEMENTAL SAILING INSTRUCTIONS FOR FULL MOON EVENING RACE, AUGUST 24, 2019

The sailing instructions above remain in full force and effect for this race, except as specifically modified by this Addendum. This Addendum shall apply solely to the race named above.

1. SCHEDULE

The evening race is scheduled for Saturday, August 24, 2019. The scheduled time of the first warning signal is 1700. Warning signals for succeeding classes will be made with or after the starting signal of the preceding class.

2. SIGNALS MADE ASHORE; DELAY OF START

Signals made ashore will be made at the flagpoles at Norwalk Yacht Club and Saugatuck Yacht Club not later than 1400 on the race day. Any signals made ashore shall also be broadcast on VHF channel 5A at 1600 and again at 1630.

3. THE FINISH

3.1 Finishes shall be as provided in the sailing instructions, except that all competitors are additionally required to shine a light on their sail numbers and hail the finish boat or otherwise ensure that they have been properly identified by the finish boat when finishing after dark. Boats failing to do this may be scored DNF without a hearing.

3.2 If no finish boat is on station, each boat shall finish when her bow crosses a line from R 26 perpendicular to the last leg of the course and within 50 yards of R 26, passing R 26 on either side. Each boat shall record her finish time, using GPS time of day to the second, and email it to regatta@saugatuckclub.com by 1200 on Sunday, August 25, 2019.

4. TIME LIMIT

4.1 If no boat in a class has finished by 2200 hours, the race for that class will be abandoned.

4.2 The time limit for the first finisher in each class will be 2200 hours. Boats failing to finish within 40 minutes after the first finisher in their class will be scored "Did Not Finish" (DNF) without a hearing. This changes RRS 35.

5. NAVIGATION LIGHTS

Every vessel shall display proper running lights after sunset and shall not display an all-round light (anchor light) or a masthead light (steaming light) while sailing. A trilight may be displayed at the masthead only when sailing. When a trilight is displayed at the masthead, no other running lights may be displayed. A boat observed by the race committee to break this basic rule shall be subject to protest

6. PROTESTS AND REQUESTS FOR REDRESS

Protests shall be made in accordance with the sailing instructions, except that the deadline in section 15.2 for filing a protest shall be 1000 on Tuesday, August 27, 2019, for this race only.

ADDENDUM C

MARK COORDINATES

Coordinates approximate. Not subject to Redress

A	R"26"	41° 03.65' N 73° 22.02' W
B	R"24"	41° 04.50' N 73° 19.84' W
C	G"11B"	41° 00.03' N 73° 23.70' W
E	R"28C"	41° 00.56' N 73° 25.21' W
G	N "28"	41° 02.30' N 73° 25.50' W
I	GL Vicinity	41° 02.40' N 73° 26.77' W
J	G"15"	40° 57.70' N 73° 29.17' W
K	R"32"	41° 00.19' N 73° 31.42' W

ADDENDUM D

MAGNETIC DIRECTION AND NAUTICAL MILE DISTANCES BETWEEN MARKS

Bearings and distances approximate. Not subject to Redress

	R"26"	R"24"	G"11B"	R"28C"	N "28"	GL vicinity	G"15"	R"32"
R"26"	-	76° 1.88	212° 3.88	231° 3.95	259 2.9	265° 3.73	236° 8.1	257° 7.9
R"24"	256° 1.88	-	226° 5.45	239° 5.66	258 4.76	262° 5.55	240° 9.9	257° 9.8
G"11B"	32° 3.88	46° 5.45	-	131° 1.24	345 2.8	332° 3.34	255° 4.8	285° 5.8
R"28C"	51° 3.95	59° 5.66	311° 1.24	-	07 1.93	345° 2.27	240° 4.2	280° 4.67
N "28"	79 2.9	78 4.76	165 2.8	187 1.93	-	289 0.84	225 5.55	257 4.95
GL vicinity	85° 3.73	82° 5.55	152° 3.34	165° 2.27	109 0.84	-	216° 5.25	251° 4.25
G"15"	56° 8.1	60° 9.9	75° 4.8	60° 4.2	45 5.55	36° 5.25	-	340° 2.7
R"32"	77° 7.9	77° 9.8	105° 5.8	100° 4.67	257 4.95	71° 4.25	160° 2.7	-